



RECREATIONAL COACHES PROFILE (HOUSE LEAGUE U6 - U18)

RESPONSIBLE TO: AGE GROUP CONVENOR

QUALIFICATIONS:

- Level 1 (Child) Coach

GOALS:

- Instruction in soccer skills as set out by the Club
- Positional play and individual roles on a team
- Competition at an appropriate level of play
- Encouraging self-confidence and individual skill development through positive reinforcement
- Building and maintaining team chemistry
- Establish codes of 'fair play' and reinforce values of 'good sport'

ACTIVITIES:

- Weekly practice & game(s) for players as mandated by the Club

RESPONSIBILITIES:

- Communication with players, parents (i.e. practice/game schedules; half time snacks;) and Club
- Player information forms (team roster; medical concerns; injury authorization) on hand for all practices & games
- Familiarity with guidelines for reporting Child Abuse
- Ability to set and maintain standards for players relating to respect, discipline, and fair play
- Prepared to referee(or designate) if necessary
- Attendance at meetings and clinics as organized by the Club
- Awareness of Club policies relating to player safety (i.e., weather advisories, heat policies, field conditions)
- Familiarity with Recreational Coaches' Code of Conduct
- Distribution of player equipment as issued by Club

BOUNDARIES/ LIMITATIONS:

- Shall never be alone with a player
- Shall not be responsible for transportation to/from practices/games/tournaments
- Shall not be responsible for water or snacks
- Shall be a role model - no drugs/alcohol/smoking or abusive language at practices/games/tournaments
- Shall comply with the Dress Code as defined by the Club
- Shall adhere to OSA and Club policies
- Shall embrace Club values, principles, and policy as per Club Constitution
- Shall demonstrate the ability to set and maintain standards for players (i.e., respect, self-discipline, fair play)

SKILLS/QUALIFICATIONS/EXPERIENCE:

Ability to relate to the players based on age, gender, and ability based upon the characteristics and philosophies listed.

Under 6

Characteristics High energy Short attention span Uncoordinated Individually driven Little/No team play concept

Practice Ball Mastery – touches on the ball Fun Games – soccer related Small sided games

Philosophy

Every practice must be **FUN** Coach is more of a facilitator No structured training sessions Many touches on the ball Let the players play

Under 7/8

Characteristics High energy level improved co-ordination Eager to learn Short attention span Begin to understand “team” concept

Practice Ball Mastery – touches on the ball Technical skills – emphasis on Passing/Receiving – (1st touch/accuracy), Shooting – correct techniques (accuracy over power) Dribbling/Running with the ball Moves – 1v1 – beating an opponent Small sided games

Philosophy

Every practice must be fun Many touches on the ball Players are encouraged to express themselves in their play Coach is able to demonstrate Introducing the concept of “team” play Coach is a “role model” able to demonstrate

Under 9/10 (U10’s Play 7v7)

Characteristics Energetic Coordinated Willingness to learn Self critical Understanding of “team” concept Enjoys competition Accepts new challenges

Practice Ball Mastery – touches on the ball Technical Skills – players challenged to execute skills in progressive pressured stages Possession games – introducing the importance of finding space (passing/receiving) Individual tactics 1v1 Small sided games Team Play understanding (system of play) for 7v7

Philosophy

Practice is challenging and fun Competitive play encouraged Players technically improved Clear understanding of “team” concept Coach can demonstrate Coach has a good knowledge of the game

Under 11/12 (11v11)

Characteristics Enjoy competition Psychological development Physical improvement (speed/strength) Self critical Improved team work / ability to solve problems with team mates Appearance / peer pressure are concerns

Practice Ball Mastery – touches on the ball Technical Skills Competitive, challenging, game related training sessions. Individual tactics 1v1 Introduction of Group tactics (2v2, 4v4 v 5v5 etc) Introduction to systems of play (11v11)

Philosophy

Competitive and challenging environment Technically competent players Respects team mates Tactical awareness Technical and tactically competent coach

Under 13/14

Characteristics Varying stages of puberty Sense of achievement, belonging, accomplishment Display of independence and are self critical Aware of praise, status and recognition Physical growth

Practice Ball Mastery – touches on the ball Technical Skills Competitive, challenging, game related training sessions Individual and Group tactics Various systems of play Functional training

Philosophy

Competitive and challenging environment Technically competent players Respects team mates, Tactically aware Technical and tactically competent coach

Under 15/16

Characteristics Change in attitude Maturity Growth spurts Serious and committed

Practice Ball Mastery – touches on the ball Technical Skills Competitive, challenging, game related training sessions Individual and Group tactics Systems of play functional training

Philosophy

Competitive and challenging environment Technically competent players Respects team mates Tactically aware Technical and tactically competent Coach must constantly strive to challenge and improve players

Under 17/18

Characteristics Maturity/ adulthood Attitude change Serious and committed
Practice Ball Mastery – touches on the ball Technical Skills Competitive, challenging, game related
training sessions Individual and Group tactics Systems of play Functional training

Philosophy

Competitive and challenging environment Technically competent players Respects team mates
Tactically aware Technical and tactically competent Coach understands the requirements to play at
the highest level Coach has ability to prepare players to play at the highest

PERSONAL TRAITS/QUALITIES:

- Interest
- Positive role model
- Fair-minded, sportsmanlike approach
- Ability to communicate with players and parents
- Awareness of personal limitations and a willingness to seek assistance when necessary
- Patience, understanding and a sense of humour
- Ability to exercise good judgement

ORIENTATION TRAINING:

- Attending mandatory clinics as set by the Club
- Awareness of personal health issues and safety practices
- Clear understanding of Club policy regarding Recreational Team matters

SUPPORT/SUPERVISION & EVALUATION:

- Convenor responsibility
- Random calls to parents to monitor coaching
- Convenor attendance (optional) at practice(s)/game(s)

MANDATORY ACTIVITIES:

- Clinics/Orientation sessions
- Weekly practice and game
- Events as scheduled by Club
- Administrative work as set down by Club (i.e., game sheets, player grading)

WORKING CONDITIONS:

- Outdoors according to Club policy re: weather & field conditions

BENEFITS (VOLUNTEER):

- Working with young people
- Imparting the values of active participation, team work, and fair play
- Developing individual soccer skills and introducing game skills and rules
- Community contribution

SCREENING MEASURES:

- Completion of Recreational Coaching Application Form including personal references
- Other policies referenced in the Club's Support/Supervision/Evaluation section
- A Police Records Check is required